Parents of Children with Eating Disorders

SUPPORT GROUP

Support, skills-training, and empowerment for parents who care for a child with an eating disorder.

The group is open to all parents who have a child who is struggling with an eating disorder. Experience ongoing parent-to-parent support for issues faced throughout treatment and beyond. Receive an introduction to the program philosophy of Family-Based Treatment for Eating Disorders (FBT).

Topics will include self-care, communication styles, supporting children during meal time, and more. A parent whose family has successfully completed an FBT program will facilitate and encourage group members to share experiences, successes, and challenges involved with supporting a child with an eating disorder. You do not have to be familiar with FBT to join the group.

The Parents of Children with Eating Disorders Support Group begins Tuesday, September 6th, and will be held the 1st and 3rd Tuesdays of each month from 7:00-8:30 PM at TriCity Family Services, 2570 Foxfield Road, Suite 101, St. Charles

The cost is $5 per individual/couple per session.

Please call 630-232-1070 for more information regarding this group. Visit www.tricity familieservices.org for more information about our FBT Program.