Closed-ended questions, such as, “Did you have fun today?” can be answered with limited or single-word responses, such as “Yes,” or “No.” Open-ended questions, such as “What did you have fun doing today?”, have a broader range of possible answers that may involve whole-sentences or entire stories. Try these open-ended questions to spark a detailed and memorable conversation:

1. How were you a leader or a follower today?
2. What was the most important thing you learned today and why was it important?
3. What brings you gratitude or hope?
4. How would you describe your experience with school, work, home, family, or friends this week?
5. What did you wonder or become curious about today?
6. How did you comfort yourself during a difficult moment recently?
7. What challenges did you face today? How did you work through them?
8. What act of kindness impressed you today?
9. How did you brighten someone’s day? How did someone brighten your day?
10. What caught or held your attention today?
11. How did you find beauty in nature today?
12. What memories or daydreams crossed your mind today?

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