



Feel-Good Friday

Social and emotional growth is tremendous for preschool-age children! One way to help children learn to understand their feelings is through stories. **Reading and discussing stories with children is an entertaining way to give them examples of how to respond to emotions and how to make good choices.**

TriCity Family Services is offering a highly engaging “Preschool Story & Social Time” for children and their parents/caregivers to attend together via Zoom. The program gives 3-5 year-olds opportunities to hear stories involving emotions and to talk with each other without masks on. **Children enjoy being seen and heard as well as interacting with their peers during these wiggly, giggly, and fun-filled story times!** Whether your child tends to be shy or outgoing, this is an opportunity to build social skills.

“Preschool Story & Social Time”

Tuesdays, February 15, 22 & March 1, 8 in 2022.

4 Mornings, 10:30—11:00 AM

4 Afternoons, 12:30—1:00 PM

Attend all mornings and/or afternoons or drop-in on the times you are available.

If you have a preschooler with siblings who could use a little help managing conflicts, your family can attend “**Preschool Sibling Harmony**” on Monday, February 28, 2022, from 6:00-6:30 PM via Zoom.

To Register for These Programs, Send an Email Saying “Preschool” to:

emotional-wellness-no-reply@tricityfamilyservices.org

to receive an automatic reply with registration links for these exciting programs.

Preschoolers Love Story Time!

*To receive email updates on current Emotional Wellness Programs, including virtual presentations, send an email saying “Feel Good” to emotional-wellness-no-reply@tricityfamilyservices.org