



Preschool

For Children & Parents/Caregivers to Attend Together

Story & Social Time

Presented by **Michelle Clark**, Licensed Clinical Professional Counselor, NCC, Director of Emotional Wellness Programs with TriCity Family Services, experienced group facilitator, and parent.

From the comfort of home, **alongside a parent or caregiver**, while seeing each other express emotions without masks on, **preschoolers (ages 3-5) will learn and practice social/emotional skills:**

- Recognizing, understanding, and expressing feelings
- Beginning to take turns while listening and speaking with fellow 3 to 5 year-olds
- Describing self and sharing interests, using show-and-tell
- Making choices

Children will see and talk to each other in highly interactive Zoom Meetings, with a focus on playful learning and conversation in an encouraging, positive, and supportive environment. Stories read by the facilitator will be used as shared experiences to enhance conversations. Children are NOT expected to sit still the whole time and movement WILL be intentionally included.

Attend via Zoom. Registration: Required. Cost: Free.

Questions? Email: emotional-wellness-no-reply@tricityfamilyservices.org

To Register Through Zoom, Click on the Time Below:

4 MORNINGS, 10:30 - 11:00 AM &/or 4 AFTERNOONS, 12:30 - 1:00 PM

Tuesdays, February 15, 22 & March 1, 8

Attend all mornings and/or afternoons or drop-in on the times you are available.

Preschool Sibling Harmony

Click to Register Through Zoom: [Monday, February 28, 2022, 6:00 - 6:30 PM via Zoom](#)

30-Minute Interactive Presentation to Children with Their Parents/Caregivers

Preschoolers and their siblings will learn and practice: Ways to share, Using feeling words to get along with each other, and Giving thanks.

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