

Do you want to strengthen your family? Do you want to connect with other families?

Join Family Connections for joyful laughter, shared meals, games, stories, & conversations in the comfort and convenience of your own home!

This program will connect families from the Batavia School District and West Aurora School District communities through virtual visits directly to your family dinner table.

All Batavia & SD129 elementary school families are invited to attend for no fee!

8 Mondays: April 25; May 2, 9, 16, 23 (Skip May 30); June 6, 13, 20

6:00-7:30 PM on Zoom - Click <u>HERE</u> to Register by April 21, 2022. Heard about the program late? You can still join — Use the registration link anytime.

When registering, you will be asked if your preference is to attend the Family Connections program offered in Spanish, English, a Combination of Spanish & English, or No Preference.

Recommendations from Last Year's Virtual Family Connections:

"The kids really enjoyed this. I was reluctant at first but it helped me focus more on my relationship with my kids. I would definitely recommend it."

"It's a great program to maintain a meaningful connection. To help understand our children's needs."

"Try to carve out the time to do this program. It's beneficial and teaches your kids that family time is important."

What to Expect & Sample Schedule: Socialize with other families without disrupting the bedtime of younger family members. If you want a private moment to help your family, simply turn off your video and press mute. Family members who are travelling are welcome to join the meetings, too.

- 6:00-6:20 Welcome & Meal— Eat a Meal with Your Whole Family (with video on or off) Most of the meals are provided to you through restaurant gift cards. Details will be coordinated with those who register. Enjoy the many benefits of family meals. Use this program's conversation prompts to talk within your family or with other families your choice.
- 6:20-6:30 Family Introductions
- 6:30-6:40 Family-to-Family Discussion
- 6:40-6:50 Doodle Talk within each family (doodle supplies provided)
- 6:50-7:00 Feelings Charades within each family (game cards provided)
- 7:00-7:15 Family Game Board and card games are provided to you to use during the program and beyond.

 By eliminating travel time, family game time can be easily extended beyond the Zoom Meeting.
- 7:15-7:25 Parent Discussions, Story Read-Alouds, and/or Family Social Time
- 7:25-7:30 Announcements and Closing Routine of Gratitude

Questions? Email emotional-wellness-no-reply@tricityfamilyservices.org