# **STAR** K-3 WORKSHOP **Guiding the Way through Friendship**

## **STAR HALF-DAY WORKSHOP**

### A good friend is one of the best things you can have and one of the best things you can be.

This skill-building workshop is designed to help early elementary aged kids develop the foundations of friendship — including understanding what it means to be a good friend. Through activities, conversations, and crafts in this workshop, we:

- Strengthen their self-awareness of thoughts, feelings, and actions
- Emphasize the importance of kindness, acceptance, and empathy
- Explore problem areas such as teasing, bossiness, and exclusion





**STAR** consists of small group break-out sessions which include facilitated discussions on relevant and current experiences, conversations with peers, and activities which provide young people with opportunities to learn while having fun. **STAR** is facilitated by trained professionals and includes engaging discussions, games, snacks, stress-relieving exercises, and meaningful takeaways!

The STAR K-3 curricula and groups are grade-specific.



## SATURDAY, JANUARY 27, 2024

#### Star K-3 builds a strong foundation for healthy friendships!

PAST PARTICIPANTS LEARNED HOW TO: "Be kind to others" and "Apologize"

#### The STAR Workshop is brought to you by:





Coalition for Youth

with the support of Geneva CUSD 304.



Our Programs are Inclusive and Welcoming to All

#### LOCATION: Geneva MS South 1415 Viking Drive

TIME: 9:00 AM - 11:30 AM (Check-In Starts at 8:45)

**COST: \$20** Need-based fee reductions are available.

#### **CLICK -or- SCAN TO REGISTER**

Register by Noon, 1/24/24, to guarantee a spot.

Choose to be grouped with friends or to meet new people.



Questions? Email: compass@tricityfamilyservices.org