



Building a vibrant future
together



FY2023
Annual Report

JULY 2022-JUNE 2023

BOARD OF DIRECTORS

Veronique Saxe, President

nVision Consulting Group

Diane Gibson, Vice President

Retired Business Owner

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Mason, Faith, Brammeier

Ian McPherson, Treasurer

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Smith Amundsen LLC

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Fit St. Charles

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Administrator

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Past President**

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Dave Randa

First National Bank

Lisa Sommer

Attorney

Jim Williams

iOR Partners

John Busch (joined June 2023)

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Andrew Fuller (joined June 2023)

School Counselor

BOARD LEVEL VOLUNTEERS

Alyssa Armato

Human Resources Committee

Dudley Burgess

Quality Advisory Committee

Bill Connell

Finance Committee

Gail Fritz

Quality Advisory Committee

Linda Jones

Quality Advisory Committee

Sandi Pajak

Human Resources Committee

Tom Russe

Finance Committee

ADVISORY COUNCIL

Bobbi Alderfer

Jim Alderfer

Ann Alexander

Cris Anderson

Ed Brooks

Tom Brown

Dudley Burgess

Judy Burgess

Diane Gibson

Melinda Hinnens-Waldie

Pastor Rob Hamilton

Rob Hollis

Cheryl Johnson

Charlie Kallstrom

Donna Lengle

John Lengle

Betsy Penny

MANAGEMENT TEAM

Laura Poss, MS, LMFT, LCPC

Executive Director

Jules O'Neal, MSW, LCSW

Clinical Director

Viki Wonak, MSW, LCSW

Clinical Manager

Michelle Clark, MS.Ed, LCPC, NCC

Director of Emotional Wellness
Programs

Sarah Russe, MBA

Director of Development

Eric Laskey, MBA

Business Manager

Chris Weihofen

Manager of Office Operations

LETTER FROM OUR EXECUTIVE DIRECTOR AND BOARD PRESIDENT

Dear Friends,

At TriCity Family Services, we know that nurturing the emotional wellness of people leads to a more vibrant community—because when kids, teens, adults, and seniors are mentally healthy they can more freely participate in society, make more meaningful connections, advance their learning, and increase their creativity. Last year, we continued in our vision of strengthening the mental health of our local communities by joining 3,760 individuals in their mental health care journeys, holding 16,044 counseling sessions, and providing 40,376 total service hours right here in our Kane County neighborhoods.

While guiding more families toward success, we have also observed that individual cases are now requiring more direct attention, reflecting the depth and complexity of the mental health issues our clients are facing. It remains vital that our therapists provide personalized and comprehensive care to those in need.

A highlight of the past year was the remarkable growth of our Emotional Wellness program, which saw a significant increase in community outreach efforts. We have been able to reach more individuals, families, and organizations in our community, providing them with valuable resources and support to enhance their mental well-being.

As you may know, the mental health care sector is currently facing a national hiring crisis, with a shortage of qualified providers. Despite these challenges, we have made concerted efforts in the recruitment and retention of our staff. We have implemented strategies to attract experienced mental health professionals and prioritize the care of our current staff.

Looking ahead, TriCity Family Services aims to remain dedicated to our mission of providing quality, evidence-based mental health services that are accessible and affordable to all. We are actively exploring partnerships, collaborations, and funding opportunities to expand our services and reach even more individuals who need our support.

None of our achievements would be possible without the unwavering support of our donors, volunteers, staff, and community partners. We express our heartfelt gratitude to each and every individual and organization that has contributed to our cause, making it possible for us to make a positive impact on the lives of those affected by mental health challenges.

Thank you for your time, attention, and support. Together, we can build a more compassionate, resilient community where everyone has access to the mental health care they deserve.

Gratefully,



Laura Poss
Executive Director



Veronique Saxe
Board President

"[My therapist Donna's] guidance has helped me **trust myself and engage, collaborate and build with others** the way that I used to." -TCFS Client



*Donna Newbold, M.A., LCPC
TCFS Therapist*



"Our counselor, Maddy, has changed our lives. We have found some peace through therapy; **we can speak to our child again.**" -Parents of FBT Client



*Maddy Tomlinson, LSW
Family-Based Treatment for Eating Disorders
Program Coordinator*

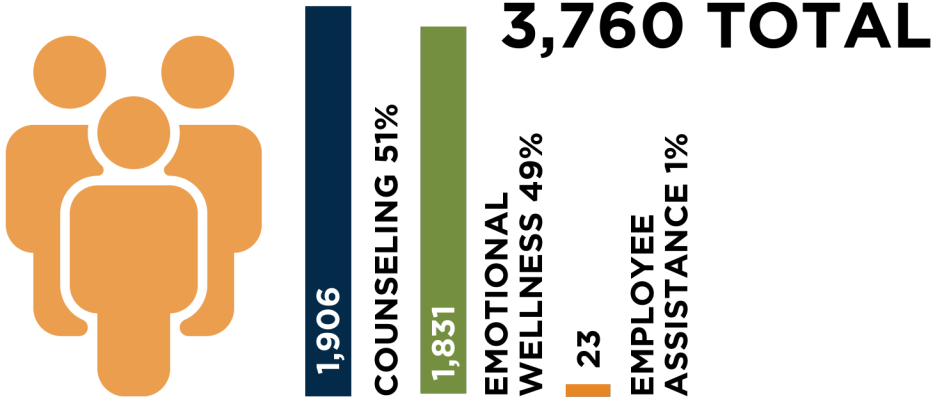


TriCity Family Services Impact

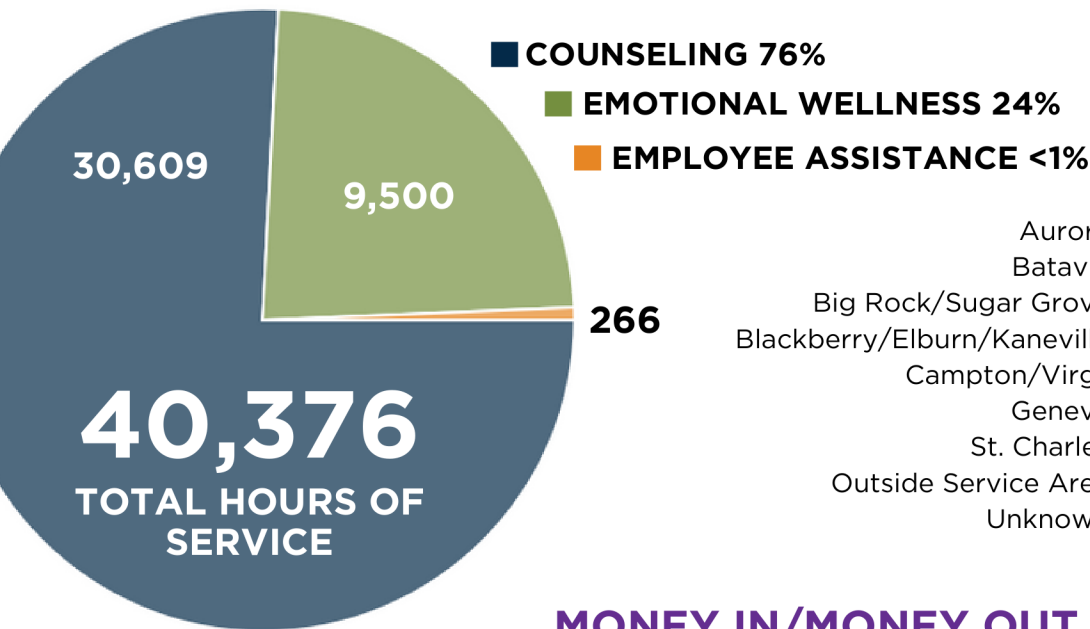
Fiscal Year 2023 Service Statistics

16,044 COUNSELING SESSIONS

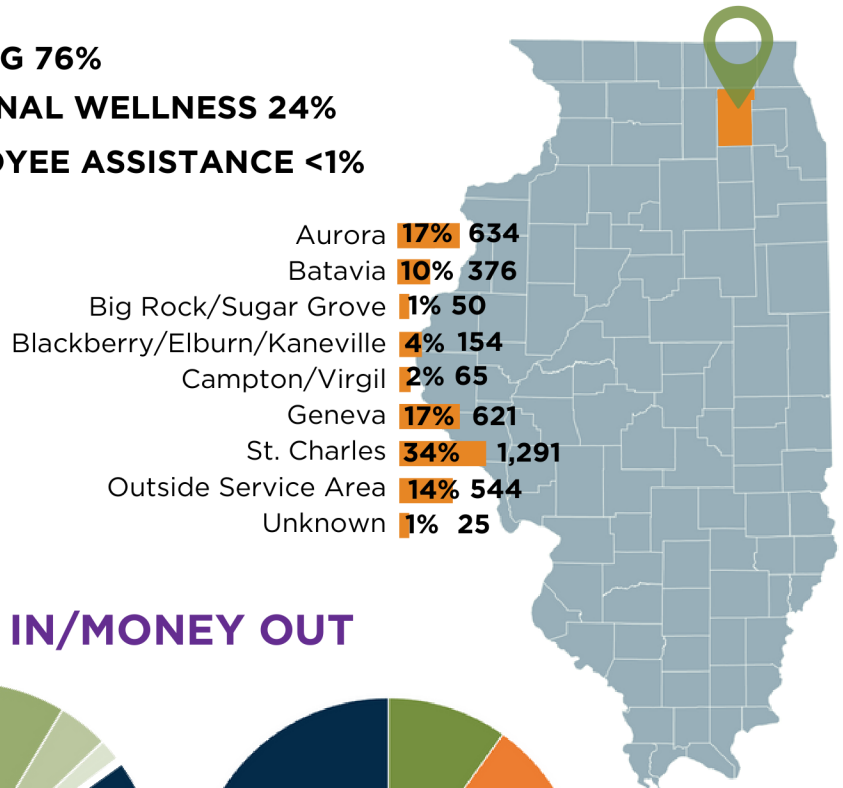
INDIVIDUALS SERVED



HOURS OF SERVICE

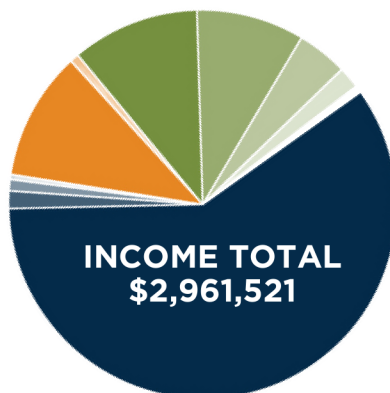


SERVICE AREA



MONEY IN/MONEY OUT

- SERVICE RELATED**
- Client Fees/Insurance
 - Miscellaneous
 - EAP & Other Programs
 - In-Kind Clinical
- PRIVATE FUNDING**
- Other Grants & Contributions
 - Corporations/Foundations
 - Individuals
 - Churches/Community Groups
 - Special Events
- PUBLIC FUNDING**
- Local
 - United Way/Community Chests



- PERSONNEL RELATED COSTS**
- FACILITIES & DEPRECIATION**
- OTHER OPERATING EXPENSES**

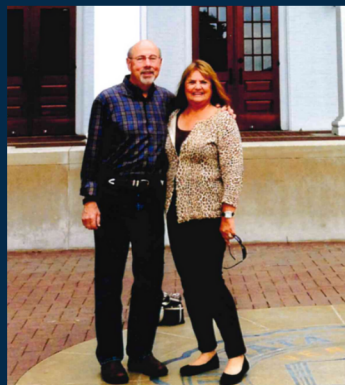
“I feel like I’m making a lot of progress. These kinds of services--we really need them--they’re beneficial. My age group has new and different kinds of things they have to deal with daily.” -Senior TCFS Client



“Young teenagers have a hard time with confidence especially. You leave the trip feeling like you just completed something amazing and that does a lot for confidence.” -Wilderness Challenge Program Participant

BARTH AWARD

Since 1985, TriCity Family Services has recognized outstanding community leaders through the William D. Barth Award. This year, **Ann Alexander** joins the esteemed ranks of individuals who have demonstrated exceptional dedication to the welfare of our community. Her efforts and achievements exemplify the essence of the award—honoring those whose selfless endeavors create lasting, positive change.



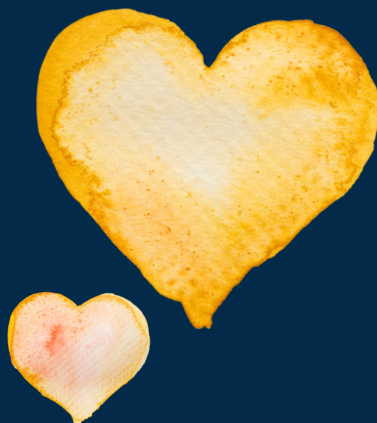
JOHN & DONNA LENGLE
Individual or Couple



FT CARES FOUNDATION
Company or Foundation



CONGREGATIONAL UNITED CHURCH OF CHRIST - ST. CHARLES
Community Group or Organization



GOLDEN HEART AWARDS

The Golden Heart Awards recognize and honor outstanding philanthropic support of TriCity Family Services, our mission, and the people we serve. Selected winners have shown long-standing and meritorious support of TriCity Family Services and are recognized as true champions of compassionate, accessible mental health services in the tricities community.



FISCAL YEAR 2023 (JULY 2022 TO JUNE 2023)

Public Funders

Batavia United Way
City of Geneva 708 Mental Health Board
Fox Valley United Way
Geneva Community Chest
INC Mental Health Alliance Board
St. Charles 708 Mental Health Board

Foundations

Caerus Foundation, Inc.
Community Foundation of the Fox River Valley
Dunham Foundation
Hansen-Furnas Foundation, Inc.
Gerald A. and Karen A. Kolschowsky Foundation, Inc.
B. Richard and Elsie M. Lindholm Foundation
Dellora A. & Lester J. Norris Foundation
Michael Phelps Foundation
Reese Family Foundation
Texas Instruments Foundation

Corporate Partners in Caring

Caterpillar Inc.
FT Cares Foundation
The Ivy Academy of Early Learning
K. Hollis Jewelers
Mason, Faith & Hoscheit
McFONA
Nicor Gas
St. Charles Bank & Trust
Sterling Bank

SINCEREST THANKS
to our **PUBLIC FUNDERS, FOUNDATIONS**
and **CORPORATE PARTNERS IN CARING**



tricityfamilyservices.org

**1120 Randall Court
Geneva, Illinois
60134**

(630) 232-1070

Every effort was made to include all who gave during this timeframe. If your name was omitted in error, please accept our sincere apologies and reach out to us so we can amend our database.